25 oz container · 4 portions

Chicken

Balsamic glazed chicken breast$40
Lemon garlic chicken breast
Peruvian chicken thighs
Pesto chicken breast
Chicken fajitas
Chicken tikka masala
Honey mustard chicken
Caprese chicken
Chicken piccata
Chicken puttanesca
Shredded BBQ chicken
Grilled chicken | citrus salsa
Lime & agave marinated chicken

Turkey

Roasted garlic herb turkey breast
Cajun turkey breast|creole spiced butter
Italian style turkey meatballs|San Mariano sauce$40
Greek turkey koftas|feta,oregano,red peppers$40
Ground turkey patties|mushroom,onion,garlic $40
Stuffed peppers

Beef

Mediterranean spiced beef filet
Balsamic & Dijon marinated sirloin $55
Carne Asada marinated beef flank steak
Grilled beef filet | pineapple cilantro salsa
Cowboy BBQ marinated steak
Garlic lime beef medallions | fresh corn relish
Greek beef sirloin kabobs |tzatziki sauce
Korean beef bulgogi

Grilled flat iron steak | Fresno chili chimichurri
Sesame ginger & soy sauce beef sirloin

Pork

Herb crusted pork tenderloin|spiced berry glaze
Roasted pork loins|honey dijon sauce $30
Grilled pork tenderloin|mango,serrano & mint salsa
Garlic ginger glazed sticky pork loins
Ukrainian braised pork
Grilled Italian sausages

Seafood

Garlic lemon Seared shrimp $45
Old Bay poached shrimp
Mediterranean spiced shrimp
Lemon butter baked cod
Tomato basil roasted cod
Salmon piccata|capers,lemon & garlic
Coconut lime poached salmon
Seared salmon|French green herb sauce

Vegetarian

Sesame,ginger & soy sauce Seared tofu
Kung pow tofu|chili crisp & cashews
Crispy tofu shawarma|garlic,coriander & cumin
Lebanese mujadara|lentils,rice,garlic & onion
Moroccan quinoa & chickpeas|cranberry & almonds
Greek quinoa & rice|feta,fresh herbs & garlic
Cuban black beans & rice|avocado salsa
Italian risotto|mushrooms,thyme & pecorino cheese

Sided Dishes

Israeli couscous|feta,kalamata olives,red pepper
Parmesan pea couscous|lemon,garlic & olive oil
Orzo pasta & rice|parsley,chives & garlic $13
Turmeric rice|cranberry & almonds
Steamed Asian sticky rice
Smashed red potatoes|sour cream,scallions,cheddar $14
Roasted yukon potatoes|garlic & Italian herbs
Au gratin potatoes|baked with butter,onion,cheese
Caprese pasta|tomato,basil & fresh mozzarella
Pasta fresca|spinach,tomato & balsamic vinaigrette
Orecchiette in spicy red sauce & fresh ricotta
Gemelli pasta in butternut squash sauce
Polenta|butter,garlic,asiago,cheddar & fontina
Thai peanut noodles|red pepper,scallion,edamame
Korean glass noodles|spinach,onion,honey soy sauce
Maple syrup glazed sweet potatoes
Roasted yams,parsnips & red onion $16

Steamed broccoli|garlic oil
Sautéed zucchini,carrot & red onion $11
Autumn corn,red pepper & zucchini $15
Roasted yellow squash,cauliflower & asparagus $15
Braised brussels sprouts $12